

Instructions

Front Control Arm Bushings

N.B: This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

- Raise vehicle evenly and safely support.

Never rely on a Jack only

**IMPORTANT - do not remove steel outer shell
Remove rubber only.**

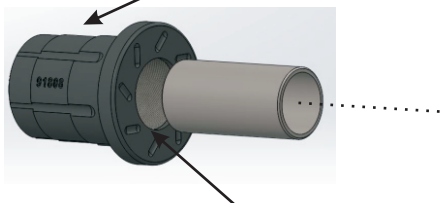
**Heat will be required to delaminate rubber from
steel shell.**

- Proceed to remove control arms from vehicle.
Use a Jack to support lower arm before un-bolting
Shock absorber.
Careful to not damage brake lines.

- Using heat, heat up arms to delaminate
old rubber.

- Clean wheels well of any rubber, dirt or
grease.

- New supplied bushings are designed to be
pushed into steel outer shell. Followed by
supplied steel tubes.



Grease bushing internal diameter and side
face with supplied grease only.

- Re-fit arms to vehicle - carry out a wheel
alignment immediately after install.

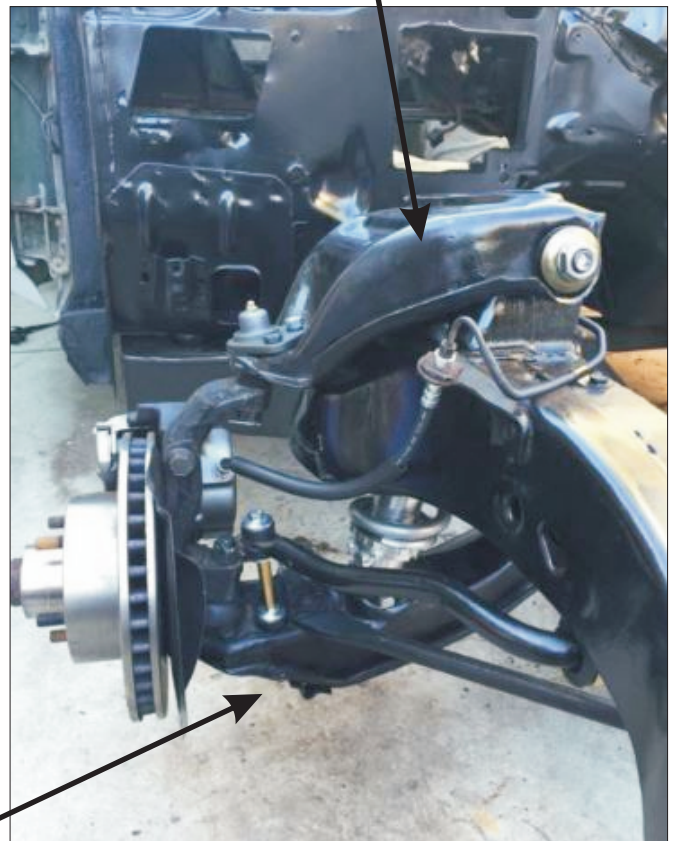
**Lower Arm - support with Jack
while un-bolting shock bolts**

Application - Ford Torino 72-76
- Ford Galaxie 72-74
- Mercury Cougar 74-76

Always refer complete catalogue listing

Contents - Bushing 91807 x2
- Bushing 91808 x4
- Steel tube 19x13.2x85.6 x2
- Steel tube 22.2x19x46 x4
- Grease

Upper Arm



N.B: It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.