

Instructions

Front Control Arm Kit

N.B: This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

Upper Arm

1. Raise front of vehicle evenly and safely support.
2. Remove front wheels.
3. Un-bolt swaybar link and upper ball joint.
4. Remove the inner bolt and remove the control arm.
5. Proceed to heat up the bushings near the outer steel shell.
Heat up enough to break the rubber bond - then push the rubber out. Do not damage outer shell.
6. Push new supplied bushings into OE steel shells from the outside of arm.
Grease bushing ID and faces - install supplied steel inner tubes.
7. Re-fit arm to vehicle - tighten hardware to manufacturers specs.



Lower Arm

1. The steering rack will need to be loosened at the mount points - remove clamp and outer bolt.
2. Un-bolt inner cam bolts, shock mount and ball joint. Remove arm from vehicle.
3. Heat up bushings near the outter shell until the rubber bond breaks - proceed to push the rubber out. Do not damage outer shell.
4. Push in supplied bushings from outside of arm. Grease bushing ID and faces with supplied grease.
5. Re-fit arm to vehicle.
6. Tighten rack mounts and re-fit up swaybar links.
7. Tighten bolts to manufacturers specs.

NOTE: A wheel alignment is required immediately after install.

N.B: It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.