

Install Guide

Lower Engine Mounts - Inserts

Polyurethane inserts are designed to preserve existing mount condition - whilst improving engine stability. Firmer mounts will improve gear changes while creating less stress on other engine components, such as exhaust system.

- Raise vehicle evenly and safely support

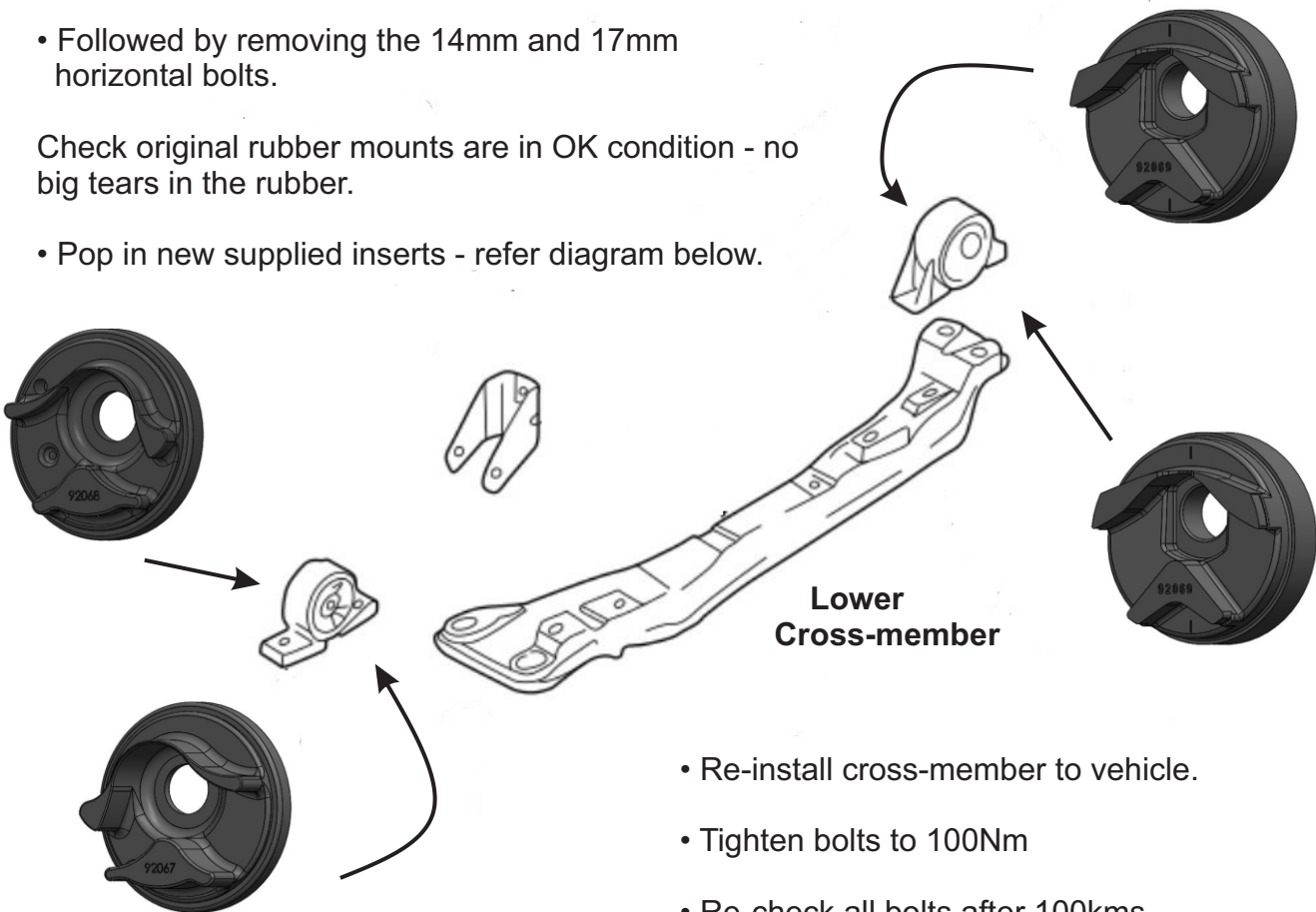
Never rely on a Jack only

Note - No need to support engine (inspect top engine mounts for excessive wear/movement)

- Start by un-doing the 17mm vertical bolts at front of engine and rear.
- Followed by removing the 14mm and 17mm horizontal bolts.

Check original rubber mounts are in OK condition - no big tears in the rubber.

- Pop in new supplied inserts - refer diagram below.



- Re-install cross-member to vehicle.
- Tighten bolts to 100Nm
- Re-check all bolts after 100kms

Note - It is recommended that a licenced workshop or tradesperson carry out the below procedure and that workshop manual and relevant safety procedures are followed in addition to the above.

Application - Nissan Sentra
- 2002-2006

(always refer current catalogue listing)

Contents - 2x 92069 insert
- 1x 92067 insert
- 1x 92068 insert

