

# Instructions

## Rear Sub-Frame Bushings

**N.B:** This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

### Install Guide

**Application** - Nissan 300ZX  
- 1989-96

*Always refer complete catalogue listing*

- Raise vehicle evenly and safely support.

*Never rely on a Jack only*

**Note - the Sub-frame will need to be completely lowered down to remove bushings.**

- Press bushing up-wards out of sub-frame.

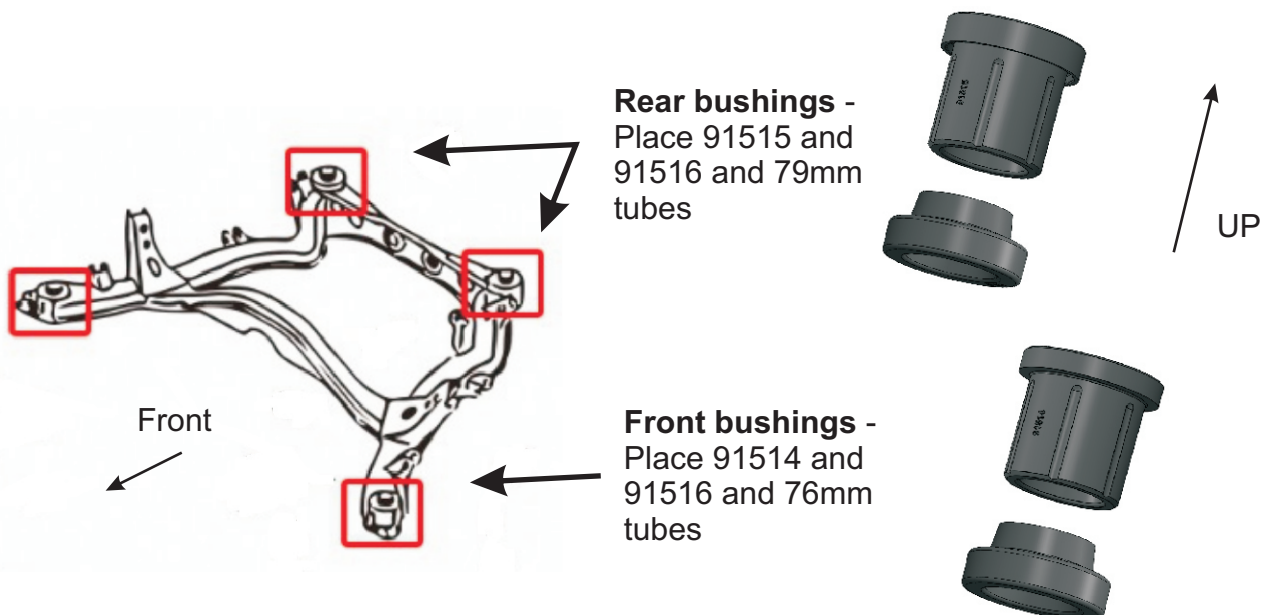
**Note - there is more than one outer steel shell. Do not remove the outer shell with steel/rubber ring - refer image on right**

- Clean Eyes well from any dirt and grease.

Note image below for bushing placement.

These are large bushing - small amount of grease will help with install.

- Push supplied steel tubes.
- Re-fit sub-frame and carry out wheel alignment.



**N.B:** It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.