

Install Guide Front Control Arm - Lower Bushings

This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.



Application - Toyota Prado 150 2009-On
- Toyota FJ Cruiser 2009-18

Always refer complete catalogue listing

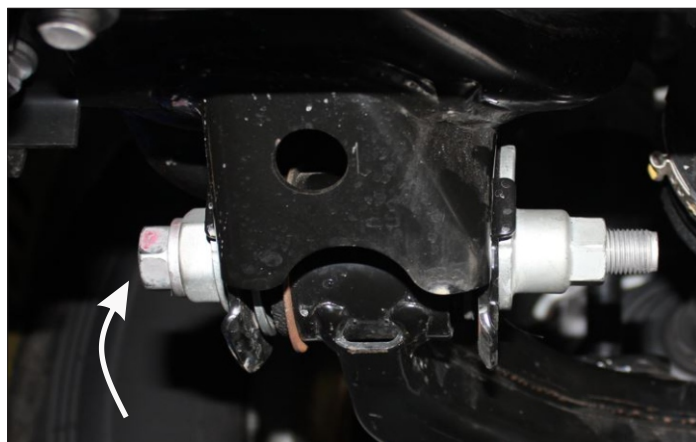
Contents - bushing 68633 x2
- bushing 68634 x2
- steel tube - stepped - 71mm x2
- steel tube - stepped - 89mm x2
- washer 49mm OD x 24mm ID x2
- washer 57mm OD x 19mm ID x2
- washer 59mm OD x 24mm ID x2
- washer 66mm OD x 19mm ID x2
- grease

- Raise vehicle evenly and safely support.

Never rely on a Jack only.

Important - mark all eccentrics and lubricate all threads prior to disassemble.

- Proceed to un-bolt and remove arms from vehicle.
- The OE washers will need to be popped off the bushings - use a large drill bit to drill out the internal diameter slightly.



Note - the front bushing needs to be loosened via the bolt head, not nut

- Remove old bushings with an air-chisel. Alternatively remove inner bonded tube with heat - then cut the outer steel shell with an air-hacksaw



It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.

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- Proceed to push new bushings into clean eye-rings.

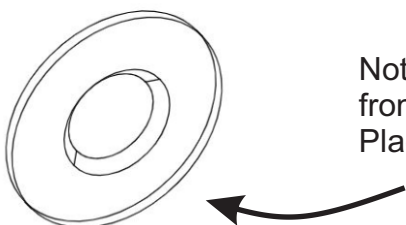
Push bushing **68633** into front eye
Push bushing **68634** into rear eye.

- Grease bushing internal diameter and side face with supplied grease only.



- Push in supplied stepped steel tubes.

Washers - note washers with smaller ID are for the larger bushing.
Washes with larger ID are for the smaller bushing.



Note internal chamfer on washers - chamfer is to face away from bushing (chassis side).
Place the larger OD washers against the bushing flange.



- Re-assemble arm and bolt to car with all washers in place.
- A wheel alignment is required immediately after install.
- Re-check all bolts after 100kms travelled.

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