

Instructions

Rear Sub-Frame Rear Bushing

N.B: This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

Application - BMW E46
- Z4

Contents - 2x Upper bushings
- 2x Lower bushings
- 2x steel tubes
- Grease

Original bushings can be pulled out (downwards)
Or cut out. Drill a hole between inner and outer
sleeves (near welded side of sub-frame)



Push in supplied bushing into clean Eye Ring.
Note upper bushing has groove.

Grease bushing ID and face with supplied
grease only. Push in supplied tube.



Re-fit to car - re-use existing
bolts and washers.

Tighten to manufacturers specifications.



*Please drive carefully as you accustom
yourself the vehicles changed behaviour.*

N.B: It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.