

GM Engine Mounts

N.B: This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

- Raise vehicle evenly and safely support with stands.

Never rely on a Jack only.

- The engine will have to be lifted/supported. This can be done by a 'hang stand' that sits above engine near strut towers OR support underneath with a Jack and timber (careful to not damage sump)
- Remove old engine mounts.

IMPORTANT - check existing bolt condition and length. Refer image below for appropriate thread engagement.

- Bolt up new mounts with preload/crush plate. Bolt to engine initially. Tighten these bolts to 45-50Nm
- Lower engine down and bolt to cross-member. Tighten these bolts to 65-70Nm

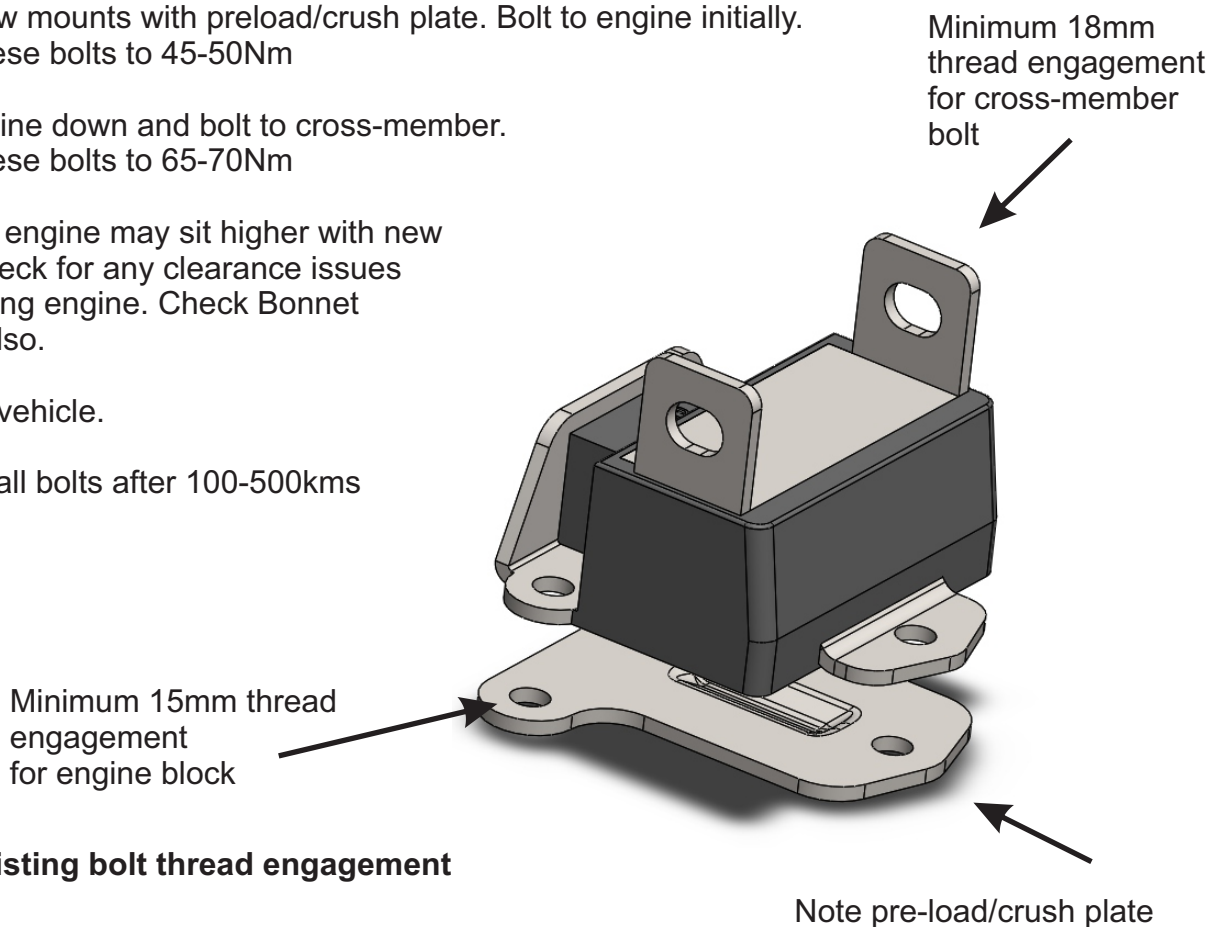
CAUTION - engine may sit higher with new mounts - check for any clearance issues before starting engine. Check Bonnet clearance also.

- Road test vehicle.
- Re-check all bolts after 100-500kms

Application - Chev S10 Pick up
- GMC Jimmy
- GMC Sonoma

Always refer complete catalogue listing

Contents - Engine mount x2
- Pre-load plate x2



Check existing bolt thread engagement

N.B: It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.